## Improving estimates for discrete polynomial averaging operators

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## What are averaging operators?

## Finite averages

$A_{N} f:=\frac{1}{N} \sum_{k=1}^{N} T_{k} f ; \quad N \in \mathbb{N}$

Assumptions: $X$ normed space, $T_{k}: X \rightarrow X$ isometries
Obvious property: $\left\|A_{N}\right\|_{X \rightarrow X} \leq 1$

More general assumptions: $X, Y$ normed spaces, $T_{k}: X \rightarrow Y,\left\|T_{k}\right\|_{X \rightarrow Y}=1$
Again: $\left\|A_{N}\right\|_{X \rightarrow Y} \leq 1$

Can the constant 1 be improved? Sometimes

## Norm-improving property

## Finite averages

$$
A_{N} f:=\frac{1}{N} \sum_{k=1}^{N} T_{k} f ; \quad N \in \mathbb{N}
$$

## Occasional additional property

$\left\|A_{N}\right\|_{X \rightarrow Y} \leq c(N)<1, \quad c(N) \rightarrow 0$ as $N \rightarrow \infty$
Appreciated in harmonic analysis, ergodic theory, etc.
We might want to find the optimal asymptotics of $c(N)$
All depends on the choice of $T_{k}$

## Example: Translations on $\mathbb{Z}$

$1 \leq p \leq q \leq \infty, \quad a_{k} \in \mathbb{Z}$
$T_{k}: \ell^{p}(\mathbb{Z}) \rightarrow \ell^{q}(\mathbb{Z}), \quad\left(T_{k} f\right)(m):=f\left(m+a_{k}\right)$

## Finite averages on $\mathbb{Z}$

$\left(A_{N} f\right)(m)=\frac{1}{N} \sum_{k=1}^{N} f\left(m+a_{k}\right) ; \quad N \in \mathbb{N}, m \in \mathbb{Z}$

Norm-improving property now depends on the choice of numbers $a_{k}$

Several features comes into play, coming from the Fourier analysis, number theory, etc.

## Discrete polynomial averages

$P: \mathbb{Z} \rightarrow \mathbb{Z}$ polynomial with integer coefficients of degree $d \geq 2$

## Polynomial averages on $\mathbb{Z}$

$\left(A_{N} f\right)(m)=\frac{1}{N} \sum_{k=1}^{N} f(m+P(k)) ; \quad N \in \mathbb{N}, m \in \mathbb{Z}$

Theorem (R. Han, V. K., M. T. Lacey, J. Madrid, F. Yang (2019))
$\left\|A_{N} f\right\|_{\ell^{q}(\mathbb{Z})} \leq C(P, p, q) N^{-d\left(\frac{1}{p}-\frac{1}{q}\right)}\|f\|_{\ell^{p}(\mathbb{Z})}$
in a certain range of exponents $1 \leq p \leq q \leq \infty$

Previously only the case $P(x)=x^{2}$ was known - R. Han, M. T. Lacey, F. Yang (2019)

## Trying out easy examples

## Theorem

$\left(A_{N} f\right)(m)=\frac{1}{N} \sum_{k=1}^{N} f(m+P(k))$ $\left\|A_{N} f\right\|_{\ell^{q}(\mathbb{Z})} \leq C(P, p, q) N^{-d\left(\frac{1}{p}-\frac{1}{q}\right)}\|f\|_{\ell^{p}(\mathbb{Z})}$

Take $f=\mathbb{1}_{\{1,2,3, \ldots, 2 P(N)\}} \Longrightarrow$ optimality of the decay $N^{-d\left(\frac{1}{p}-\frac{1}{q}\right)}$
Take $f=\mathbb{1}_{\{P(1), P(2), \ldots, P(N)\}} \Longrightarrow$ necessary condition $\frac{d}{q} \geq \frac{d-1}{p}$
Take $f=\mathbb{1}_{\{0\}} \Longrightarrow$ necessary condition $\frac{d-1}{q} \geq \frac{d}{p}-1$

## Range of exponents

Case $d=2$
The theorem holds for $\left\{(p, q): \frac{1}{q} \leq \frac{1}{p}, \frac{2}{q}>\frac{1}{p}, \frac{1}{q}>\frac{2}{p}-1\right\}$
When $q=p^{\prime}$ the range specializes to $\frac{3}{2}<p \leq 2$
The range in optimal modulo its boundary
Case $d \geq 3$
The theorem holds for $\left\{(p, q): \frac{1}{q} \leq \frac{1}{p}, \frac{d^{2}+d+1}{q}>\frac{d^{2}+d-1}{p}, \frac{d^{2}+d-1}{q}>\frac{d^{2}+d+1}{p}-2\right\}$
When $q=p^{\prime}$ the range specializes to $2-\frac{2}{d^{2}+d+1}<p \leq 2$
No estimates outside the range $\left\{(p, q): \frac{1}{q} \leq \frac{1}{p}, \frac{d}{q} \geq \frac{d-1}{p}, \frac{d-1}{q} \geq \frac{d}{p}-1\right\}$
When $q=p^{\prime}$ this specializes to $2-\frac{1}{d} \leq p \leq 2$

## Range of exponents

$$
\begin{aligned}
& \left(A_{N} f\right)(m)=\frac{1}{N} \sum_{k=1}^{N} f(m+P(k)) \\
& \left\|A_{N} f\right\|_{Q^{q}(\mathbb{Z})} \leq C(P, p, q) N^{-d\left(\frac{1}{p}-\frac{1}{q}\right)}\|f\|_{\ell^{\rho}(\mathbb{Z})}
\end{aligned}
$$

Best explained visually

Sketch of the proof in the case $d \geq 3$

Regard $A_{N}$ as "projections" of
Higher-dimensional "universal" polynomial averages
$\left(\widetilde{A}_{N} f\right)\left(m_{1}, m_{2}, \ldots, m_{d}\right):=\frac{1}{N} \sum_{k=1}^{N} f\left(m_{1}+k, m_{2}+k^{2}, \ldots, m_{d}+k^{d}\right) ;$

$$
N \in \mathbb{N},\left(m_{1}, m_{2}, \ldots, m_{d}\right) \in \mathbb{Z}^{d}
$$

We turn to proving

## Theorem

$\left\|\widetilde{A}_{N} f\right\|_{\ell^{q}\left(\mathbb{Z}^{d}\right)} \lesssim_{d, p, q} N^{-\frac{d(d+1)}{2}\left(\frac{1}{p}-\frac{1}{q}\right)}\|f\|_{\ell^{p}\left(\mathbb{Z}^{d}\right)}$

## Sketch of the proof in the case $d \geq 3$

Write $\left(\tilde{A}_{N} f\right)\left(m_{1}, m_{2}, \ldots, m_{d}\right)$ as

$$
\begin{aligned}
& \frac{1}{N} \sum_{k=1}^{N} \int_{\mathbb{T}^{d}} \widehat{f}\left(t_{1}, t_{2}, \ldots, t_{d}\right) e^{2 \pi i\left(\left(m_{1}+k\right) t_{1}+\left(m_{2}+k^{2}\right) t_{2}+\cdots+\left(m_{d}+k^{d}\right) t_{d}\right)} d t_{1} d t_{2} \cdots d t_{d} \\
& =\int_{\mathbb{T}^{d}} \widehat{f}\left(t_{1}, t_{2}, \ldots, t_{d}\right) s_{N}\left(t_{1}, t_{2}, \ldots, t_{d}\right) e^{2 \pi i\left(m_{1} t_{1}+m_{2} t_{2}+\cdots+m_{d} t_{d}\right)} d t_{1} d t_{2} \cdots d t_{d}
\end{aligned}
$$

where

$$
S_{N}\left(t_{1}, t_{2}, \ldots, t_{d}\right):=\frac{1}{N} \sum_{k=1}^{N} e^{2 \pi i\left(k t_{1}+k^{2} t_{2}+\cdots+k^{d} t_{d}\right)} ; \quad\left(t_{1}, t_{2}, \ldots, t_{d}\right) \in \mathbb{T}^{d}=(\mathbb{R} / \mathbb{Z})^{d} \text { are }
$$ the normalized exponential sums

Sketch of the proof in the case $d \geq 3$

Take $q=p^{\prime}$
Apply the Hausdorff-Young inequality twice to $\widetilde{A}_{N} f=\mathscr{F}^{-1}\left((\mathscr{F} f) S_{N}\right)$ :

$$
\left\|\tilde{A}_{N} f\right\|_{\ell^{p^{\prime}}\left(\mathbb{Z}^{d}\right)} \leq\left\|\widehat{f} S_{N}\right\|_{L^{p}\left(\mathbb{T}^{d}\right)} \leq\|\widehat{f}\|_{L^{p^{\prime}}\left(\mathbb{T}^{d}\right)}\left\|S_{N}\right\|_{L^{s}\left(\mathbb{T}^{d}\right)} \leq\|f\|_{\ell^{p}\left(\mathbb{Z}^{d}\right)}\left\|S_{N}\right\|_{L^{s}\left(\mathbb{T}^{d}\right)}
$$

where $\frac{1}{s}=\frac{1}{p}-\frac{1}{p^{\prime}}=\frac{2}{p}-1$

Theorem (Vinogradov's mean value conj. - J. Bourgain, C. Demeter, L. Guth (2016))
$\left\|S_{N}\right\|_{L^{s}\left(\mathbb{T}^{d}\right)} \leq C(d, s) N^{-\frac{d(d+1)}{2 s}}$ for $d \geq 3$ and $s>d(d+1)$

Thank you for your attention!

